

2022 Cross Country Schedule

Date	Event	Location	Start Time	Depart Time	Age Classes
Tuesday, Aug 23	Larissa Vartti Invitational	Valley Spur Ski Trails, Munising	10:00 a.m.	6:30 a.m.	Varsity
Wednesday, Sep 7	Manistique Invitational	Schoolcraft County Fairgrounds, Manistique	3:00 p.m.	11:40 a.m.	Middle School Varsity
Saturday, Sep 17	Superior Central Invitational	Superior Central High School, Eben Junction	9:00 a.m.	6:10 a.m.	Middle School Varsity
Wednesday, Sep 21	Dale Fountain Invitational	Dale Fountain Memorial XC Course, Banat (near Stephenson)	3:00 p.m.	12:35 a.m.	Middle School Varsity
Saturday, Sep 24	Rapid River Invitational	Rapid River High School, Rapid River	9:00 a.m.	6:15 a.m.	Middle School Varsity
Wednesday, Oct 5	Skyline Conference Meet	North Central High School, Powers	3:00 p.m.	12:50 a.m.	Middle School Varsity
Monday, Oct 10	Norway Invitational	Dickinson County Fairgrounds, Norway	3:30 p.m.	1:25 p.m.	Middle School Varsity
Monday, Oct 17	North Central Invitational	North Central High School, Powers	3:00 p.m.	12:50 a.m.	Middle School Varsity
Friday, Oct 21	Middle School Regionals	Gladstone			Middle School
Saturday, Oct 22	U.P. Finals	Gladstone			Varsity

*All dates and times are tentative until we get further details from the host schools.

**All times above are Central Time

***Courses are open for inspection 1 hour before meet starts, and departure times reflect that, enabling us to get there to walk the course before race start.

In 2022, boys run first and girls run second. Each school determines how many places receive medals, sometimes up to 25.