

FP COVID-19 Athletic and Extracurricular Emergency Preparedness Plan

Athletics

Please describe how you will implement the **requirements** for athletics protocols from the *Return to School Roadmap* (p. 27).

District and Building Implementation Plan:

- The Forest Park School District, employees, and agents will comply with all guidance published by Michigan High School Athletic Association (MHSAA) and the National Federation of State High School Associations (NFHS).
- Students, teachers, and staff must use proper hand hygiene techniques before and after every practice, event, or other gathering. Every participant will confirm that they are healthy and without any symptoms prior to any event.
- All equipment must be disinfected before and after use.
- Inter-school competitions may be held provided that facial coverings are worn if school transportation is provided. Buses must be cleaned and disinfected before and after every use, as detailed in the “Busing and Student Transportation” section of the FP COVID-19 Preparedness and Response Plan.
- Spectators are allowed provided that facial coverings are used by observers and six feet of social distancing can be maintained at all times. Attention must be given to entry and exit points to prevent crowding. We will follow all MHSAA and state guidelines with regard to limits on gatherings/spectators.
- Each participant must use a clearly marked water bottle for individual use. There will be no sharing of this equipment.
- Handshakes, fist bumps, and other unnecessary contact must not occur.

Protocol for Suspected Cases of COVID-19

- If a student, coach or official is or becomes sick on site with symptoms of COVID-19, they should be placed in a clearly identified and designated quarantine area with a mask in place until they can be picked up. Staff who are identified to care for students must wear a mask.
- A symptomatic student should be sent home with a parent or designated adult until they have tested negative or have been released from isolation according to the local health department’s protocols. Symptomatic would be defined as showing Covid Related Symptoms upon arrival to activity, or during activity, for symptoms unrelated to the nature of the sport/activity (running, warm weather conditions, etc.) If an athlete, coach or official becomes symptomatic with COVID symptoms, they must be transported by means other than group transportation. Parent/guardian permission must be obtained before the athlete is transported.

Protocol for Positive Cases of COVID-19

- The local health department will be contacted by the school administration or designated authority for further direction. They will initiate contact tracing, following regular public health practices.

- The district will cooperate with the local public health department if a confirmed case of COVID-19 is identified, and collect the contact information for any close contacts (i.e., individuals less than six feet apart for more than 15 minutes) of the infected individual from two days before he or she showed symptoms to the time when he or she was last at the event. Close contacts should be quarantined for 14 days at home. Local health officials may identify other contacts who require quarantine.
- Administrators, as well as students/families/officials in attendance, should be notified of the presence of any laboratory positive or clinically diagnosed cases of COVID-19 so there continues to be awareness and close observation of any symptoms. NOTE: Student communicable disease related information is protected health information. The individual with COVID-19 should not be identified by name to non-family or non-health department officials. Even if a family/student acknowledges and publicly discloses a positive test, school staff and officials must not participate in discussion or acknowledgement of a positive test by identifying a specific student.
- Students, coaches or officials who were at the event, but not in close contact with a positive case, should continue to be closely monitored for any symptoms of COVID-19. At this time, these individuals are not required to receive testing unless they develop COVID-19 symptoms.
- Areas/equipment that were used by the sick person should be closed off and should not be used until after cleaning and disinfecting them (this includes surfaces or shared objects in the area). If possible, cleaning and disinfecting of the area should not occur until at least 24 hours has elapsed. If 24 hours is not feasible, as much time possible should be allowed to pass before cleaning or disinfection occurs.

Season Calendar

- Football - starting with an acclimatization week on Aug. 10th
- Volleyball - practice begins August 12th
- Football - full pads and equipment can be worn starting Aug. 17.
- An announcement for the start of competition will be made by Aug. 20.
- If the start of the competition date is delayed, the season will start with your next contracted game. For example, if the season starts with Week 2 games, Week 1 games will be skipped and considered a no play.